

# PSYCHOLOGY (PSYC)

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## **PSYC 101 Introduction to Psychology 3.00**

An introductory survey, providing an overview of the science of psychology; history and methodology; biological basis of behavior; measurement; learning and motivation; personality and social psychology.

### **University Studies Requirements:**

- Social Science

## **PSYC 189 Psychology Elective 1.00-99.00**

Transfer credits ONLY from another accredited institution not equivalent to a UW-Superior course.

## **PSYC 225 Sensation and Perception 3.00**

Sensory and central processes by which information from the environment is received and interpreted. Includes receptors and neural processing, thalamic and cortical processing, and principles of perception. Meets the Biological Aspects of Behavior requirement for the Psychology major.

## **PSYC 230 Social Cognition 3.00**

How do we think about the social world around us? How do we form impressions and explain our own and others' behavior? This course will explore the automatic and controlled cognitive processes that shape our feelings, motivations, decisions, and biases. Additionally, we will examine how fundamental cognitive patterns form the basis for creating and maintaining prejudice and inequality. Meets the Learning, Cognition, and Language requirement for the Psychology major.

### **University Studies Requirements:**

- Social Science

## **PSYC 258 Gender, Psychology and Society 3.00**

Discussion and study of development of gender roles across the lifespan. Topics include the social construction of sex and gender differences, status and power, feminist psychology, childhood and adolescence, relationships, family, work and achievement, and diversity. Meets the Diverse Perspectives requirement for Psychology major. Meets a requirement for the Gender Studies minor. Qualifies as an Academic Service-Learning course, involving a 15-hour community placement commitment (see Academic Service-Learning for more details). Cross-listed as PSYC/GST 258.

### **University Studies Requirements:**

- Diversity

## **PSYC 260 Personality 3.00**

Insight into personality can be gained from many different points of view. Covers the major theoretical approaches to personality, including the psychoanalytic, learning theory, humanistic, trait and sociobiological genetic approaches. Includes consideration of varying topics of research interest, such as gender roles, locus of control, infant and adult attachment, cultural variation, violence, resilience. Meets the Individual, Social and Developmental requirement for the Psychology major.

## **PSYC 270 Psychology of Men and Masculinity 3.00**

This course is devoted to exploring the cultural messages men receive about masculinity, and the implications of these messages for men's behavior and mental health, as well as their relative position in society. Topics include: ideology about what makes someone a man', the privileges and perils of manhood status, intersectional identities that shape definitions of masculinity and masculine privilege, emotions and intimacy, work primacy, chivalry, health issues, sexuality, violence, and assumptions regarding men's role in the family unit. Additionally, gender essentialist ideas about 'male nature' are examined and challenged. This is a course for people of all genders about issues related to the social construction of masculinity in our culture. Cross-listed as PSYC/GST 270. Meets the Diverse Perspectives requirement for Psychology major.

### **University Studies Requirements:**

- Diversity

## **PSYC 275 Reading and Writing for Psychology 3.00**

This course builds fundamental skills in reading primary scientific literature and writing using the conventions of the social and behavioral sciences. The fundamentals of preparing a paper using APA style will also be covered. Required for the Psychology major.

### **Prerequisites:**

Prerequisite for taking this course is having completed PSYC 101.

## **PSYC 289 Psychology Elective 1.00-9.00**

Transfer credits ONLY from another accredited institution not equivalent to a UW-Superior course.

## **PSYC 289DV Psychology Elective Diversity 1.00-12.00**

Transfer credits ONLY from another accredited institution not equivalent to a UW-Superior course.

## **PSYC 289GA Psychology Elective Global Awareness 1.00-12.00**

Transfer credits ONLY from another accredited institution not equivalent to a UW-Superior course.

### **University Studies Requirements:**

- Global Awareness

## **PSYC 289SS Psychology Elective Social Sciences 1.00-12.00**

Transfer credits ONLY from another accredited institution not equivalent to a UW-Superior course.

## **PSYC 289WC Psychology Elective World Culture 1.00-12.00**

Transfer credits ONLY from another accredited institution not equivalent to a UW-S course.

## **PSYC 300 Profession of Psychology: Professional Development 3.00**

This course overviews psychology-related careers and allows students to develop a portfolio that will help them as they prepare for a career in psychology, Professional development skills such as writing resumes and cover letters, interviewing, financial literacy, conducting job searches and identifying and applying to graduate school programs are emphasized. Required for the Psychology major.

### **Prerequisites:**

Prerequisite for taking PSYC 300 is being at Junior status (having completed at least 56 credits) and having completed either PSYC 275 or PSYC 301; or instructor consent

**PSYC 301 Statistics for Psychological Research 3.00**

Methods of measurement and data analysis. Includes basic descriptive statistics, correlation and regression, tests for inequality of means, probability of discrete events, and nonparametric tests of association. Required for the Psychology major.

**Prerequisites:**

Prerequisite for taking this course is having completed PSYC 101 and MATH University Studies requirement.

**PSYC 303 Research Methodology in Psychology 3.00**

How do researchers in the field of Psychology make new discoveries? How can we, as global citizens, be wiser and better informed when interpreting research findings reported in popular media? What are the different types of "claims" a researcher can make, and what kind of evidence is required to support each? What ethical principles do researchers need to keep in mind when conducting their work? How should research findings in Psychology guide individuals, practitioners, educators, and policy-makers? Required for the Psychology major.

**Prerequisites:**

Prerequisite for taking this course is having completed PSYC 275 and PSYC 301.

**PSYC 305 Learning and Behavior 3.00**

This course provides an overview of conditioning and learning with an emphasis on applying these principles to better understand, define, measure, and change behavior. The ethics of behavior change (particularly as it relates to people with disabilities, children, and animals) will be discussed. Meets the Learning, Cognition, and Language requirement for the Psychology major. Qualifies as an Academic Service-Learning course, involving a 15-20 hour community placement commitment (see Academic Service-Learning for more details).

**PSYC 310 Social Psychology 3.00**

Study, discussion, and demonstration/experiments into the nature and causes of individual behavior and thought in social situations. Topics range from love, cooperation, and helping to prejudice, conflict, and aggression and cultural influences on these behaviors. Meets the Individual, Social and Developmental requirement for the Psychology major.

**PSYC 311 The Psychology of Close Relationships 3.00**

Designed to acquaint students with selected theories, basic research, and applied research in the area of close relationships and to increase students' skill and comfort in oral expression, critical analysis, and written communication through assignments and class discussions. Students read both classic and recent journal articles and chapters on a wide range of topics in the field of close relationships (sibling relationships, friendships, and romantic relationships-both heterosexual and homosexual). Encourages students to think critically about the components of healthy relationships. Meets the Individual, Social and Developmental requirement for the Psychology major and minor.

**PSYC 320 Health Psychology 3.00**

Study of the impact of biological, physiological, social, and cultural factors on health and illness. Topics include physiological systems of the body, mind-body interactions, stress and coping, lifestyle and health, psychoneuroimmunology, pain, cross-cultural perspectives on health and illness, and management of chronic and terminal illness. Meets the Adjustment and Well-being requirement for the Psychology major.

**PSYC 325 Human Development Across the Lifespan 3.00**

This course provides a theoretical and research-based overview of human development from conception to death. Cognitive, social/emotional, and physical development are discussed within the context of environmental, genetic, social, familial, and cultural factors. Emphasis throughout the course will be on how students can apply their new knowledge to improve quality of life across the lifespan. Meets the Individual, Social and Developmental requirement for the Psychology major. Qualifies as an Academic Service-Learning course, involving a semester-long project (see Academic Service-Learning for more details).

**PSYC 350 Behavioral Neuroscience 3.00**

Study of the biological systems which underlie human behavior. Covers neural structure and physiology, genetic coding and hormones. Specific topics of interest to psychology are included, such as mental illness, the sleep-waking cycle, sensation, language, memory, stress, and sexuality. Meets the Biological Aspects of Behavior requirement for the Psychology major.

**PSYC 352 Motivation and Emotion 3.00**

Introduction to the study of human motivation and emotion. Behavioral, cognitive, social, and humanistic theories of motivation will be explored. Major theories/models of emotion, in addition to student-selected topics in this area will be included. Meets the Adjustment and Well-Being requirement for the Psychology major.

**PSYC 353 Psychopharmacology 3.00**

Students will examine how drugs influence the brain and behavior. Specifically, the course will discuss basic pharmacology (mechanisms of drug action in the brain) as well as overt behavioral and psychological changes rendered by the drug. Both legal (e.g. Prozac, alcohol, caffeine, and nicotine) and illegal (e.g. marijuana, cocaine, methamphetamines and LSD) drugs will be discussed. Issues related to addiction and treatment will also be examined. Meets the Biological Aspects of Behavior requirement for the Psychology major.

**PSYC 360 Culture and Identity 3.00**

Introduction to the effects of culture on who we are and how we think of the world, ourselves, and others. Central themes: What is "culture" and how did humans develop into cultural beings? How does culture operate, and come to shape our beliefs, attitudes, and behaviors? How do cultural differences in worldview, self-concept, and moral reasonings contribute to intergroup / international conflict and misunderstanding? Classroom activities and assignments are aimed at confronting, acknowledging, questioning, and challenging the automatic assumptions that result from our own singular cultural experience, and experiencing differences in culture. Meets the Diverse Perspectives requirement for the Psychology major.

**University Studies Requirements:**

- Diversity

**PSYC 362 Psychological Disorders 3.00**

Survey of major forms of psychopathology, including diagnostic criteria and clinical features of specific mental disorders, in addition to research on etiology and approaches to treatment. Meets the Adjustment and Well-Being requirement for Psychology major. Qualifies as an Academic Service-Learning course, which may involve a 15-hour community placement commitment. (see Academic Service-Learning for more details).

**PSYC 372 Child and Adolescent Development 3.00**

Surveys the science and application of child and adolescent development, focusing on the physical, cognitive, and social changes that occur from conception through adolescence. The course covers methods and theory, and may highlight moral development, cultural differences, genetics, aggression, media and thought processes as they relate to various age groups. Meets the Individual, Social and Developmental requirement for the Psychology major. Qualifies as an Academic Service Learning course involving a 15-hour community placement commitment for on-campus sections and a semester-long project for online sections. (see Academic Service-Learning for more details).

**PSYC 373 Adulthood and Aging 3.00**

Examines the social, cognitive, and physical changes that occur through adulthood and older adulthood. Longitudinal and life-span approaches to development are highlighted along with how a changing life expectancy and demographic population are affecting research and quality of life in the population. Meets the Individual, Social and Developmental requirement for the Psychology major. Qualifies as an Academic Service-Learning course, involving a 20-hour community placement commitment for on-campus sections and a semester-long project for online sections. (see Academic Service-Learning for more details).

**PSYC 389 Psychology Elective 1.00-12.00**

Transfer credits ONLY from another accredited institution not equivalent to a UW-Superior course.

**PSYC 390 Special Topics in Psychology 3.00**

Consideration of special topics related to the field of Psychology.

**PSYC 403 Memory and Cognition 3.00**

Discussion of theory and research into cognitive processes, including attention, memory, problem-solving, and decision-making. Meets the Learning, Cognition and Language requirement for the Psychology major.

**PSYC 404 Senior Research 3.00**

Designing, implementing, and reporting an independent research study in psychology. Required for the Psychology major.

**Prerequisites:**

Prerequisite for taking this course is having completed PSYC 101 and PSYC 300 and PSYC 303.

**PSYC 462 Theories of Psychotherapy 3.00**

Survey and critical evaluation of major psychotherapeutic approaches for treatment. Includes psychoanalytic/psychodynamic therapies, humanistic-existential approaches, and exposure-based, behavioral and cognitive treatments in addition to constructivist, feminist, culture-sensitive, and integrative therapies. Meets the Adjustment and Well-Being requirement for Psychology major.

**PSYC 464 Psychological Assessment, Diagnosis, and Treatment 3.00**

Addresses methods of psychological assessment, diagnosis, psychological treatment approaches, training and professional roles, and specializations within the field. Meets the Adjustment and Well-being requirement for the Psychology major.

**PSYC 476 Psycholinguistics 3.00**

Examination of the role of psychological factors in the use of language, the relationship between language and thought, psychological approaches to meaning, and disorders of speech and language. Meets the Learning, Cognition and Language requirement for the Psychology major.

**PSYC 489 Psychology Elective 1.00-9.00**

Transfer credits ONLY from another accredited institution not equivalent to a UW-S course.

**PSYC 489DV Psychology Elective Diversity 1.00-12.00**

Transfer credits ONLY from another accredited institution not equivalent to a UW-Superior course.

**PSYC 489GA Psychology Elective Global Awareness 1.00-12.00**

Transfer credits ONLY from another accredited institution not equivalent to a UW-Superior course.

**University Studies Requirements:**

- Global Awareness

**PSYC 489SS Psychology Elective Social Sciences 1.00-12.00**

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**PSYC 489WC Psychology Elective World Culture 1.00-12.00**

Transfer credits ONLY from another accredited institution not equivalent to a UW-Superior course.

**PSYC 490 Independent Study 1.00-9.00**

Planning, execution and report of original research or special study on a topic in psychology. Approval of the faculty advisor who will guide the research or study must be secured before registration. Prerequisite: 15 credits in psychology or consent of instructor. A maximum of nine credits may be earned under this course number, taken in one or more semesters.