

# HEALTH AND HUMAN PERFORMANCE EDUCATION (HHPED)

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## **HHPED 343 Physical Education Methods/Curriculum for Classroom Teachers 3.00**

Content areas in human performance for the elementary, middle and secondary schools including rhythms, stunts and tumbling, simple games, fitness and manipulative activities. Teaching methods, instructional materials and evaluation techniques for each content area in a well-balanced integrated activity based curriculum for classroom teachers. Mini-teaching in the various areas emphasized. Admissions to the Teacher Education Program. S16, S17.

### **Prerequisites:**

Prerequisite for taking this course is Junior class standing and admission to the Teacher Education Program.

### **Typically Offered:**

- On-campus: Spring
- Online: Summer

## **HHPED 344 Health Methods/Curriculum for Classroom Teachers 3.00**

Content areas in health education for the elementary, middle and secondary schools, including personal health, disease, mental health, nutrition, safety and first aid, drugs, sexuality, consumer health, community health, and environmental health. Teaching methods, instructional materials and evaluation techniques for each content area in a comprehensive school health education program. Students develop unit and lesson plans for the selected grade levels. Opportunities provided for practice teaching/fieldwork experience. Admissions to the Teacher Education Program. F15, F 16.

### **Prerequisites:**

Prerequisite for taking this course is Junior class standing and admission to the Teacher Education Program.

### **Typically Offered:**

- On-Campus: Fall
- Online: Summer