

COACHING (COAC)

COAC 189 Coach Elective 1.00-12.00

Transfer credits ONLY from another accredited institution not equivalent to a UW-Superior course.

COAC 241 Coaching of Specific Sport-Volleyball 2.00

Theory and techniques, safety, strategy, training schedules, coaching methods and conditioning of volleyball.

Typically Offered:

- On-campus: Select Semesters;

COAC 242 Coaching of Specific Sport-Football 2.00

Theory and techniques, safety, strategy, training schedules, coaching methods and conditioning of football.

Typically Offered:

- On-campus: Select Semesters;

COAC 243 Coaching of Specific Sport-Basketball 2.00

Theory and techniques, safety, strategy, training schedules, coaching methods and conditioning of basketball.

Typically Offered:

- On-campus: Select Semesters;

COAC 244 Coaching of Specific Sports: Track & Field/Cross-Country 2.00

Theory and techniques, safety, strategy, training schedules, coaching methods and conditioning for all aspects of track and field plus cross country.

Typically Offered:

- On-campus: Select Semesters;

COAC 245 Coaching of Specific Sports-Baseball/Softball 2.00

Theory and techniques, safety, strategy, training schedules, coaching methods and conditioning.

Typically Offered:

- On-campus: Select Semesters;

COAC 246 Coach Of Spec Spts-Soccer 2.00

Theory and techniques, safety, strategy, training schedules, coaching methods and conditioning.

Typically Offered:

- On-campus: Select Semesters;

COAC 249 Coaching of Specific Sports: Ice Hockey 2.00

Theory and techniques, safety, strategy, training schedules, coaching methods and conditioning of ice hockey.

Typically Offered:

- On-campus: Select Semesters;

COAC 250 Coaching Fieldwork 1.00-5.00

Experience in coaching sports activities. Each credit equals approximately 36 hours of on-the-job coaching. Consent of instructor is required to register for this course. Pre-student Teaching Clinical Experiences in elementary/middle and high school settings required for education licensure students.

Prerequisites:

Admit to T ED for education licensure students

Typically Offered:

- On-campus: Fall & Spring;

COAC 289 Coach Elective 1.00-12.00

Transfer credits ONLY from another accredited institution not equivalent to a UW-Superior course.

COAC 389 Coach Elective 1.00-12.00

Transfer credits ONLY from another accredited institution not equivalent to a UW-Superior course.

COAC 489 Coach Elective 1.00-12.00

Transfer credits ONLY from another accredited institution not equivalent to a UW-Superior course.

COAC 341 Principles and Theory of Coaching 2.00

Analysis of the role of the coach, including the latest information concerning legal liability, administration/organizational responsibilities; various coaching philosophies, diverse personalities of athletes, developing team cohesion, psychology of coaching and teaching techniques.

Prerequisites:

Prerequisite for taking this course is Sophomore standing.

Typically Offered:

- On-campus: Fall & Spring;

COAC 456 Foundations of Sport and Exercise Psychology 2.00

Psychological and scientific principles as they pertain to understanding participants, sport and exercise environments, group processes, and performance, enhancing health and well-being and facilitating psychological growth and development.

Prerequisites:

Prerequisite for taking this course is Sophomore standing.

Typically Offered:

- On-Campus: Fall
- Online: Spring