

# PHYSICAL EDUCATION

## Mission & Philosophy

The Health and Human Performance Department (<https://www.uwsuper.edu/academics/academic-departments/health-and-human-performance/>) (HHP) offers a Physical Education Major program which includes the following concentrations: Physical Education (K-12 Teaching Certification), Exercise Science (non-comprehensive - requires a minor) and, Community/Public Health Promotion. Minors are available in Coaching, Health (liberal arts), Health Education, Sports Management, and Substance Abuse Counseling.

## HHP Mission Statement

The mission of the Health and Human Performance Department is to provide students with a knowledge base, creating a positive attitude and lifelong skills in the seven dimensions of wellness: physical, intellectual, emotional, spiritual, career, social and environmental (i.e. personal health) in accordance with the liberal arts tradition at UW-Superior. Programs in the Health and Human Performance Department seek to serve all students in a caring educational environment toward liberal arts studies in physical education and health and/or pre-professional studies as physical education, health, or non-teaching allied health professions.

## Philosophy Statement

The Health and Human Performance Department believes in the education of the total person, body, soul and spirit in that:

- Developing a knowledge base and critical thinking skills concerning responsibility for individual wellness is critical for all human beings.
- All students should be given the opportunity to develop a positive attitude toward healthy behaviors for a lifetime.
- Learning takes place best when there is an emotional attachment; therefore, students need to be engaged in the curriculum.
- Attitudes are caught not taught; teachers must be excited about their courses and the environment in which they teach.
- As we learn to move, we move to learn; and we all have the responsibility to become aware of and learn to respect diversity among people.
- The teaching-learning process is a two-way street; the student-teacher relationship should revolve around good, honest communication, valued learning experiences and assessments, and should bring about expected outcomes for both parties.

We strongly recommend that all majors retain textbooks, course notes and major papers in each of the major courses. These materials will be important assets in other courses in your major and/or minor.

All students with majors or minors in Physical Education and Health must earn a grade of C or better in all required courses in the major and/or minor.

## Liberal Education Requirement

To fulfill the Liberal Education Requirement, all students must successfully complete HHP 102 Health and Wellness. Students with medical restrictions should contact the coordinator of HHP 102 Health and Wellness labs before the first lab session. Physical Education majors and minors must earn a grade of C+ or better in HHP 102 Health and Wellness.

## Prerequisites

Students should note that several Health and Human Performance courses at the 200, 300 and 400 levels have specific course prerequisites. These prerequisites are indicated in the Course Descriptions (<http://catalog.uwsuper.edu/undergraduate/course-descriptions/>) portion of this catalog.

## Experiential Learning - Fieldwork - Internship

The faculty of the Health and Human Performance Department believe that a well-designed and meaningful work experience, which builds on the academic foundation provided by a college education, can greatly enhance the total learning experience and facilitate the transition from college to the professional world. Academic credits awarded for Fieldwork, Experiential Learning, range from 1-12. Credits for Internship range from 10-20. Students interested in Internship should contact the instructor for additional information.

## Senior Experience

This culminating senior year project integrates and synthesizes the student's coursework (theories, concepts, skill competencies) into a formal project and experience to be presented on Senior Presentation day which is scheduled at the end of each semester.

## Academic Integrity

Students are expected to maintain academic integrity in meeting requirements for an undergraduate degree. Evidence of academic misconduct may result in certain sanctions, such as failure in a course or dismissal from the program. Chapter 14 of the UW-Superior Student Academic Disciplinary Procedures of the Wisconsin Administrative Code for the University of Wisconsin System ([http://docs.legis.wisconsin.gov/code/admin\\_code/uws/14.pdf](http://docs.legis.wisconsin.gov/code/admin_code/uws/14.pdf)) outlines the procedures for identifying academic misconduct and the appropriate sanctions.

## Immoral Conduct - Incompetency

A student may be denied admission to the certification program under Wisconsin Administration Code for the Department of Public Instruction PI 34.103 (<http://dpi.wi.gov/licensing/background-check/>) dealing with Incompetency and Immoral Conduct. Recommendations for certification can also be denied under the same statute.

The following are statutory definitions: "Immoral Conduct" means conduct or behavior which is contrary to commonly accepted moral or ethical standards and endangers the health, welfare and safety or education of any pupil. "Incompetency" means a pattern of inadequate performance of duties or the lack of ability, legal qualifications or fitness to discharge required duties, and which endangers the health, welfare, safety or education of any pupils.

See Course Descriptions (<http://catalog.uwsuper.edu/undergraduate/course-descriptions/>) for information on required courses.

## Programs

- Adaptive Physical Education Certification: Physical Education K-12 Certification
- Coaching Minor
- Health Education Minor - K-12 Teacher Certification
- Health Minor

- Physical Education Major - Exercise Science Concentration
- Physical Education Major - Physical Education K-12 Teacher Certification
- Physical Education Major - Public Health Concentration (Comprehensive)
- Sports Management Minor
- Substance Abuse Counseling

## Student Learning Outcomes

The University of Wisconsin-Superior Health and Human Performance programs hope to develop these attributes in all students as part of the liberal arts mission of the university by providing a well-rounded, dynamic experience in the wellness course.

- Foster the intellectual growth of all students concerning wellness for life as a core of their liberal arts education.
- Develop critical thinking skills, positive attitudes and personal responsibility in all students toward leading productive and healthy lifestyles.
- Graduate certified physical education/health/early childhood/special education teachers who are engaged in their professional endeavors, able to impart knowledge and skills to diverse populations in a variety of educational settings.
- Graduate students who seek careers in allied health professions who are engaged in their professional endeavors, able to impart knowledge and skills to diverse populations in a variety of professional settings who make a positive contribution to society.
- Achieve accreditation through the Commission on Accreditation of Allied Health Education Programs (<http://www.caahep.org/>) (CAAHEP) for the undergraduate curriculum in exercise science.

## Faculty and Staff

James M. Geidner, Professor

Jay R. Johnson, Associate Professor

Danielle Karvonen, Senior Lecturer

Kim Lebard-Rankila, Department Chair, Assistant Professor

Seo Hee Lee, Assistant Professor

Jen MacKay, Senior Lecturer

Sydney Vanderveen-Borrayo, Senior Lecturer