## HEALTH AND WELLNESS MANAGEMENT

## **Program Description**

No admission to this program as of 1/24/2022. Program has been suspended. Current students in good standing have until June 30, 2024 to complete the program.

The Bachelor of Science in Health and Wellness Management is an interdisciplinary program that helps students gain a broad understanding of the ways in which health care systems, health care costs, employee wellness programs and values of health/wellness management programs impact the work environment. Increasing healthcare costs and a growing number of healthcare coverage options will spur demand for professionals to develop strategically integrated wellness programs. In light of these trends, a few areas graduates of the Health and Wellness Management program will be able to help are:

- Integrate a wide array of programs to enhance employee safety and wellness and improve work-life balance
- Influence corporate/community productivity
- Reduce health care costs
- · Engage management and leadership at multiple levels

The major is offered through online study in collaboration with partner universities UW-Stevens Point, UW- LaCrosse and UW-River Falls. It is based in the Health and Human Performance Department, and supported by the Online Learning. Additional information is available at https:// hwm.wisconsin.edu (http://uwex.wisconsin.edu/health-and-wellnessmanagement/).

## **Programs**

• Health and Wellness Management Major

## **Faculty and Academic Staff**

Danielle Schmitz - Teaching Associate Professor